

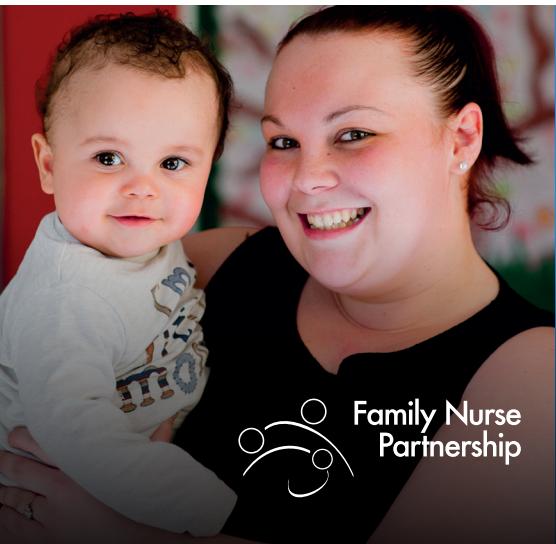
# Why take part in the Family Nurse Partnership programme?



Your specially trained family nurse will work alongside you during your pregnancy and as you care for your new baby.

**“I feel I really understand what my baby wants from me.”**

FNP client, Walsall



Family Nurse  
Partnership

# **“The best thing I like is not being judged as a person or mother.”**

FNP client, Lincolnshire



**Your family nurse will provide you with information and guide you in the following areas:**

- ▶ Having a healthy pregnancy
- ▶ Planning for your labour and baby's birth
- ▶ Improving your child's health and development
- ▶ Building positive relationships with your baby and others
- ▶ Lifestyle choices that give you and your child the best possible start in life
- ▶ Identifying and achieving your goals such as finding a job or returning to education.

**Your local Family Nurse Partnership team:**

## **What's involved?**

- Regular visits at home and in the community from your family nurse starting in your pregnancy, where you will decide together what topics to talk about.
- How often your family nurse visits you will be a joint decision between you and your family nurse.
- The Family Nurse Partnership programme will continue until your child's 1st birthday, with the possibility of continuing until your child is 2 years old.
- We know dads are important to babies, so we welcome dads or partners to join in the visits if you choose.