

Why take part in the Family Nurse Partnership programme?



Your specially trained family nurse will work alongside you during your pregnancy and as you care for your new baby.

“I feel I really understand what my baby wants from me.”

FNP client, Walsall



Family Nurse
Partnership

“The best thing I like is not being judged as a person or mother.”

FNP client, Lincolnshire



Your family nurse will provide you with information and guide you in the following areas:

- ▶ Having a healthy pregnancy
- ▶ Planning for your labour and baby's birth
- ▶ Improving your child's health and development
- ▶ Building positive relationships with your baby and others
- ▶ Lifestyle choices that give you and your child the best possible start in life
- ▶ Identifying and achieving your goals such as finding a job or returning to education.

What's involved?

- Regular visits at home and in the community from your family nurse starting in your pregnancy, where you will decide together what topics to talk about.
- How often your family nurse visits you will be a joint decision between you and your family nurse.
- The Family Nurse Partnership programme will continue until your child's 1st birthday, with the possibility of continuing until your child is 2 years old.
- We know dads are important to babies, so we welcome dads or partners to join in the visits if you choose.

Your local Family Nurse Partnership team:

